# MASTER IN FOOD SYSTEMS: Functional Foods and Precision Nutrition



# A unique MSc programme promoted by EIT Food



# Description

The Program **"Master in Food Systems"** (MFS) is an integrated MSc program organized by academic institutions and industrial partners from across **EIT Food pan-European partner network**. Its goal is to prepare students to drive a **future transformation of the food system** and increase the competitiveness of their future employing companies.

The MFS program promotes a **deep knowledge of the food system** as an integrated value chain by providing students with the opportunity to study consecutively at **three academic institutions** which provide distinctly different semester blocks, each one of them focusing on specific areas of the food system.

# **General characteristics:**

- A unique pan-European degree from top universities with mobility built in
- Designed with **food sector industry partners** from every aspect of the food system
- Bespoke study tracks along three career-ready profiles
- Learning how to create impact and **lead** the **transformation** of the food sector
- Two academic courses (120 ECTS)
- Limited places: only 15 students will be admitted in 2019-2020 cohort
- **Mobility**: students can choose between three pathways, that means completing two semesters at two other universities in Europe
- International activities designed for students enroled in other participating universities
- This degree enables to do a PhD in European universities
- Minimum English level: B2 (CEFR)

# Recommended profile

Students with a Bachelor (at least 180 ECTS) in the fields of Food Science and Technology; Human Nutrition; Biology; Biochemistry; Biochemistry and Molecular Biology; Chemistry; Pharmacy; Veterinary; Environmental Sciences; Engineering programmes (agronomic, agricultural, environmental, chemistry...)

# Accreditation by the Spanish Education Ministry in progress

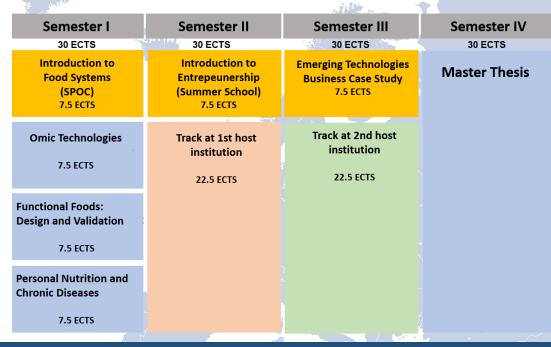


Applications https://mfs-apply.eitfood.eu/

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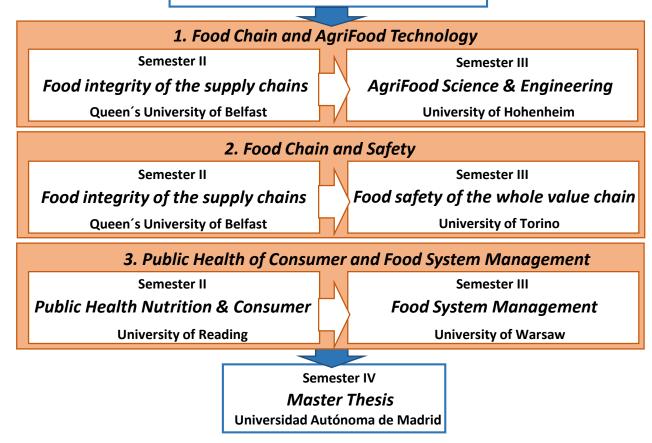
# **Study Plan**

- Common tracks for students enrolled in all participating universities (yellow modules)
- Tracks to be completed at UAM (blue modules)
- 3 available pathways, each comprising two tracks at two european universities



# Available pathways

Semester I Functional Foods & Precision Nutrition Universidad Autónoma de Madrid



# **Compulsory tracks**

#### Functional Foods and Precision Nutrition – Universidad Autónoma de Madrid (22.5 ECTS)

#### Subjects:

- Functional Foods: Design and Validation (7.5 ECTS)
- Omics Technologies (7.5 ECTS)
- Personal Nutrition and Chronic Diseases (7.5 ECTS)

#### Master Thesis – Universidad Autónoma de Madrid (30 ECTS)

Master Thesis will be supervised by UAM, IMDEA Food and/or CSIC researchers and its content will be oriented to fields covered by the UAM compulsory track: characterization and assessment of bioactive compounds; development of novel or functional food; effect of bioactive compounds on chronic diseases; design of precision nutrition interventions; etc.

# **Elective tracks**

# Food integrity of the supply chains – Queen's University of Belfast (22.5 ECTS)

#### Subjects:

- Food Safety, Health and Disease (7.5 ECTS)
- Advanced Food Bioanalysis (7.5 ECTS)
- Agri-Food Traceability and Fraud (7.5 ECTS)

# Public Health Nutrition and the Consumer – University of Reading (22.5 ECTS)

#### Subjects:

- Public Health Nutrition and Consumer Choice (7.5 ECTS)
- Food product re-formulation (7.5 ECTS)
- Nutrition Communication (7.5 ECTS)

# AgriFood Science and Engineering - University of Hohenheim (22.5 ECTS)

# Subjects:

• AgFoodTech (7.5 ECTS) – compulsory

Additionally, students will choose two of the following subjects (7.5 ECTS each):

- Internship: industrial placement 6 weeks
- Advanced Meat Science and Technology
- Encapsulation of Functional Food products
- Advanced Meat Science and Technol
  Scientific Writing and Paparting
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# Food safety of the whole value chain – University of Torino (22.5 ECTS)

# Subjects:

- Food Toxicology (7.5 ECTS)
- Food safety management systems (7.5 ECTS)
- Microbiological risks in the food chain (7.5 ECTS)

Food System Management: Building Responsible, Consumer-Centric Organisations and Value Chains – University of Warsaw (22.5 ECTS)

# Subjects:

- Management in Food System (7.5 ECTS)
- Marketing in Food System (7.5 ECTS)
- Leadership in Food System (7.5 ECTS)